

# Latest local and national information and support

ROBERTSBRIDGE & SALEHURST  
HELPING HANDS



## Health Services - Last update Thursday, 24 December 2020

Organisation /individual	What is offered	Contact details and other information
<b>Alzheimer's Society</b>	Support & advice Coronavirus volunteer toolkit	<a href="#">Co-vid specific support and advice for people affected by dementia</a> <a href="#">Coronavirus volunteer toolkit</a>
<b>East Sussex Mental Health Directory</b>	Support & advice	<a href="#">ESCC Mental Health Directory</a>
<b>Coronavirus testing site</b>	New testing site	<b>New Coronavirus testing site in Bexhill</b> - A new drive-through and walk-through coronavirus testing facility has opened at 1-7 Wainwright Road, Bexhill. This new site will be run by Sodexo and replaces the site at nearby Wainwright Road car park which has operated since April. You are asked only to attend the site if you have an appointment and only to book a test if you have symptoms. A national shortage of laboratory capacity means the number of appointments is limited and the national test and trace service has asked for patience if one is not immediately available.
<b>Coronavirus vaccine programme</b>		The NHS in East Sussex has started to vaccinate patients against coronavirus. More information <a href="#">here</a> :

<p><b>Fair Lane Dental Surgery</b></p>		<p>Open as usual <a href="#">Fair Lane Dental Practice</a></p>
<p><b>Government Coronavirus Facebook alert page</b></p>	<p>Government Coronavirus Facebook alert page</p>	<p><a href="#">Government Coronavirus Facebook alert page</a></p>
<p><b>Government WhatsApp</b></p>	<p>Government advice straight to your phone</p>	<p><a href="#">Government advice straight to your phone</a></p>
<p><b>Face covering exemption badges</b></p>		<p>To help people who are exempt from wearing a face covering from being challenged by those who do, the Govt has produced some exemption cards and badges for people to download and print.</p> <p>Some people may feel more comfortable showing something that says they do not have to wear a face covering. This could be in the form of an exemption card, badge or even a home-made sign.</p> <p>If you would like to use an exemption card you can use the PDF attachments here: <a href="#">face coverings - exemptions downloads</a>.</p> <p>The downloads include badges people can wear, a badge for their mobile phone, or a card to be able to show. There's also a badge for people who rely on lip-reading asking someone to remove their covering temporarily so they can be better understood.</p>

<p><b>Moat Osteopaths</b></p>	<p>We have been operating with strict infection control measures, and will continue to do so to ensure patient safety</p> <p>Appointments are limited but available after a brief triage call to assess risk</p>	<p>The Moat Practice, 12a Station Road, Robertsbridge, East Sussex, TN325DA  Call 01580 212293 or email <a href="mailto:Info@moatosteopaths.com">Info@moatosteopaths.com</a>  <a href="http://www.moatosteopaths.com">www.moatosteopaths.com</a></p>
<p><b>NHS</b></p>	<p>Health Service info</p> <p>NHS advice and commonly asked questions regarding accessing health and care services during the Covid-19 outbreak</p>	<p><u><a href="#">Click on this link for NHS information on coronavirus</a></u></p> <p>Click here for responses to <u><a href="#">Frequently Asked Questions from the community</a></u></p>
<p><b>NHS Covid-19 app</b></p>		<p>The app allows you to check what the risk level of your local areas is, check in at venues, check symptoms, read the latest advice and enter a test result.</p> <p>It's the fastest way of knowing when you're at risk from coronavirus (COVID-19). The quicker you know, the quicker you can alert your loved ones, and your community and the more of us that use it, the better we can control coronavirus.</p> <p>To use the new <a href="#">NHS</a> Covid-19 app you need an Apple iPhone 6S or newer, or an Android phone running Android 6.0 Marshmallow or newer with Google Play.</p>

		<p>Android phones without access to the Google Play store, including some Huawei smartphones released in the last year, as well as older iPhones, including the iPhone 6, iPhone 5S or iPhone 5, will not be able to use the app.</p> <p>If you can't download the app you will still need to provide contact tracing details when visiting pubs, restaurants and other venues so that you can be contacted if necessary. If you want to know more about the local situation, you can find out by reading the latest Covid-19 surveillance report produced by East Sussex Public Health (see below).</p>
<b>Oldwood Surgery</b>	Prescriptions	<p>Click here for <a href="#">Oldwood surgery information</a></p> <p>For <b>prescriptions</b> please email <a href="mailto:prescriptions@robertsbridgehelpinghands.co.uk">prescriptions@robertsbridgehelpinghands.co.uk</a> or phone <b>07726 278661</b> and we will organise delivery of your prescription to you. This will reduce the number of people visiting the dispensaries, keeping everyone safe.</p>
<b>Prescriptions</b>		<p>For <b>prescriptions</b> please email <a href="mailto:prescriptions@robertsbridgehelpinghands.co.uk">prescriptions@robertsbridgehelpinghands.co.uk</a> or phone <b>07726 278661</b> and we will organise delivery of your prescription to you. This will reduce the number of people visiting the dispensaries, keeping everyone safe.</p>
<b>Robertsbridge Dental Practice</b>	<p>Advice &amp; emergency treatment</p> <p>01580 881880</p>	<p>It has been confirmed by the Government that dental practices should remain open to treat patients when new national restrictions come into force on 5 November 2020. We will therefore continue with all booked appointments and new appointments can be made remotely by telephone, email or the online booking system. We have been working hard to ensure that Robertsbridge Dental Practice remains a safe environment for our staff and patients. The appointment book is adjusted to fit with the guidelines which means we have a reduced number of patients per day. We are currently working on ways to improve this, but the Practice is open and seeing patients 9am-5pm Mon- Friday and will continue</p>

		to do so during the lockdown period and beyond. Please contact us if you have any queries.
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This list is produced by Robertsbridge & Salehurst Helping Hands in partnership with Salehurst & Robertsbridge Parish Council, and supported by a grant from Sussex Crisis Fund (Sussex Community Foundation).