

Most residents of Robertsbridge & Salehurst will receive a card which identifies your “Street Champion” who can help you if required. If you have not received a card like this through the post, call Helping Hands on **07726 592 739**.

NOTE: *Some of the outlying areas of the parish will be supported directly through the Helping Hands phone number (not a Street Champion).*

HELLO!

If you are self-isolating in Robertsbridge and Salehurst I can help

**ROBERTSBRIDGE & SALEHURST
HELPING HANDS**



Our community friends' scheme links residents in Robertsbridge & Salehurst who need a helping hand with volunteers who are willing to help.

HELLO!

If you are self-isolating, I can help.

My name is _____

I live locally at _____

My phone number is _____

If for any reason you cannot reach me please contact Helping Hands

If you are self-isolating due to COVID-19 (Coronavirus) I can help with:

<input type="checkbox"/> Picking up shopping	<input type="checkbox"/> Posting mail
<input type="checkbox"/> A friendly phone call	<input type="checkbox"/> Urgent supplies

Just call or text me and I'll do my best to help you

Remember Coronavirus is contagious. Volunteers please take every precaution: to avoid physical contact (2m distance), wash your hands regularly, leave items on doorstep. If you are receiving help you can ring Helping Hands on 07726 592 739 to check the person named above has been allocated by us to help in your road.